
Sport Psychology AOE Overview

Oregon State University CAPS, in collaboration with Oregon State University Athletics/Sport Psychology Services (see description below), offers a Sport Psychology Area-of-Emphasis (AOE), a specialty rotation within the framework of the generalist training experience doctoral interns receive at CAPS.

The Sport Psychology AOE provides doctoral interns opportunities to receive training and applied experience in the provision of mental health, performance enhancement, outreach, and consultation services to collegiate student-athletes participating at the NCAA Division I level. The Sport Psychology AOE is designed to help doctoral interns develop the necessary knowledge and skills to provide ethical, competent, and evidenced-based counseling services to student-athletes. In line with the values of CAPS and goals of the training program, emphasis is placed on multicultural competency and awareness in serving diverse student-athlete populations. In addition to clinical training and experience, the Sport Psychology AOE aims to promote professional development through supervision and trainings with the intention of preparing doctoral interns for employment in university counseling center and collegiate athletic department settings.

The Sport Psychology AOE is clinically supervised by the Associate Athletic Director, Sport Psychology Services. The opportunity to accrue mentored experience hours toward the Certified Mental Performance Consultant® credential as administered by the Association for Applied Sport Psychology is available.

Sport Psychology AOE Duties

CAPS subscribes to a developmental model of training. Accordingly, clinical service activities available within the Sport Psychology AOE are matched to the interests and developmental level of each doctoral intern with increasing autonomy and responsibility as the trainee advances. Clinical service opportunities available within the Sport Psychology AOE may include individual counseling, group counseling, outreach programming, team interventions, and multidisciplinary treatment team consultation. The Sport Psychology AOE doctoral intern spends two days weekly embedded within Oregon State University Athletics in the Sport Psychology Services offices suite at Gill Coliseum.

About Sport Psychology Services

Sport Psychology Services provides a broad range of psychological services to Oregon State University student-athletes and teams. These services are designed to promote student-athlete mental health, holistic wellness, academic achievement, and athletic excellence. We are committed to providing comprehensive, accessible, time-effective, and culturally informed mental health care that is guided by established best practices for student-athletes.

Sport Psychology Services is a unit of Oregon State University Athletics, Sports Medicine and maintains a collaborative working relationship with CAPS. This collaboration includes administrative support, clinical training, consultation, marketing, and shared confidential record keeping.

Sport Psychology Services is comprised of two full-time licensed psychologists, one full-time Postdoctoral Fellow, one Sport Psychology AOE doctoral intern, and one Practicum Therapist.

For additional information, please contact:

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